

Free Preventive Medicine Services (Not Cancer-Related)

*If your healthcare provider “accepts assignment”

Service	How Often Covered	Date Done	Date Due
Aortic Aneurysm Screening	One-time only for the following: <ul style="list-style-type: none"> • Anyone with a family history of aortic aneurysm • Men 65- to 75-years-old who smoked > 100 cigarettes 		
Alcohol Abuse Screening	Annually		
Blood Pressure Check	Annually		
Bone Density Study	Every 24 months for people with one or more of the following: <ul style="list-style-type: none"> • Estrogen deficiency/menopause • Osteoporosis on drug therapy • Prednisone or steroid drug use • Primary hyperparathyroidism • X-rays suggestive for osteopenia, osteoporosis or vertebral fracture 		
Cholesterol and Lipid Screening	Once every 5 years		
Depression Screening	Annually		
Obesity Behavioral Counseling	For people with BMI > 30 <ul style="list-style-type: none"> • Once per week for one month • Once every other week for 5 months • Once monthly for 6 months if you lost 6.6 lbs in the first six months 		
Tobacco Use Counseling	8 counseling sessions per year For people who currently smoke		